How To Post In Multiple Facebook Groups In Single Click :

* First of all you need to join lots of face book groups related to your blog niche. After joining wait for admin approval to become a member of group.
* After getting approval from group’s admin we have to collect the face book e-mail addresses of joined face book groups.
* Some groups provide their face book e-mail address in their group info. Otherwise we have to find the username of the group. We can easily get the username of face book groups by opening them into our browser. After opening groups you can see group address on our browser address bar. It wills something like below link.

[MyAdvertisingPays@groups.facebook.com](mailto:MyAdvertisingPays@groups.facebook.com)

[myadvertisingpaysmaps@groups.facebook.com](mailto:myadvertisingpaysmaps@groups.facebook.com)

[645002428852710@groups.facebook.com](mailto:645002428852710@groups.facebook.com)

Copy the username of the face book group and paste them into notepad or WordPad.

Now it’s time create face book groups e-mail address from their usernames. We just need to paste the username just before **@groups.facebook.com**.

( I firstly made a list as below)

@groups.facebook.com.

@groups.facebook.com.

@groups.facebook.com.

@groups.facebook.com.

@groups.facebook.com.

@groups.facebook.com.

Now face book group’s e-mail address look like below e-mail address.

**MyAdvertisingPays@groups.facebook.com**

* Use above steps to create e-mail address for all joined groups and don't forget to separate them with commas. After creating e-mail addresses for all groups save them into notepad, WordPad, MS Word etc.
* Now sign in your e-mail address which you have used to create account on face book.
* Than click on compose e-mail option.
* Now copy all face book groups e-mails and paste them into **BCC** field.
* Now compose you mail with text, links and images that you want to post. And click on send button.
* That's it.Now check face book groups; your message is successfully posted in all groups.

**Note :** please don't spam in groups.You may got banned for spamming in groups by group owners.

**TIPS:**

You cannot include pictures or links in the e mail,

Your message will considered as spam when you post same message again & again... :)

This trick only works with the e-mail address that you use to login on facebook. :)

I Found that posting to many groups at once results in a ban, so I only post to groups of 10, also I change the ad regularly as using the same ad in multiple postings can also get you in face book jail with no parole!

Also don’t be too quick in posting.

**HOW TO MINIMISE THE CHANCES OF GETTING BANNED**

I Also find that adding too many friends at once gets a suspension or ban, so only ad a few each time you log on.

Also posting the same ad repeatedly gets the same.

What I now do is simply take a snap shot now & again of your friends list page, & save it each time you add / gain more friends. Then when you get the dreaded security check “identify these five people” just review or print the list. Another way is to fire up another PC or laptop & quickly enter one of the 4 name options, but I found that its actually also on a timer, so you have to be quick!.

If you found this useful please just ad me as a friend, or send me your business offers

Thanks CHRIS

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